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# Kinfolk Volume 19



**KINFOLK**

**THE ADRENALINE ISSUE**  
Whether it's by cliffdiving into the sea or getting a tattoo, making friends with fear opens us up to a fury of exhilaration.

**Pranksters Paradise**  
Nine-to-five approaching monotony? Repurpose some office supplies and taskerrange with a few diabolical deeds.

**Kenzabu Vibes**  
The rhythmic tempo that pulses in this Donval fashion designer's mind gives his life and work a-dynamic essence.



## Synopsis

Kinfolk Issue Nineteen: The spring edition of Kinfolk explores our relationship with adrenaline and its vital contribution to our quality of life. After all, finding joy in knuckle-whitening moments can be enlivening, not immobilizing. Whether itâ™s through leaping out of a plane at 14,000 feet or cutting off all our hair, or by cliff-diving into the sea or getting a tattoo, making friends with fear opens us up to a flurry of exhilaration. If we aspire to live life instead of just watch it, our days wonâ™t be safe or stilted: The best stories start with the most unexpected moments, and these experiences normally come from confronting our comfort zones instead of taking the easy, expected or well-lit route.

## Book Information

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## Customer Reviews

Another great theme excellently portrayed. Each time the Kinfolk issue theme is announced, I'm never certain whether I am interested or not in the subject matter, and whether or not to purchase the issue. As always, I give in and pick up the mag, and as always, it's great! The adrenaline theme is well covered and is not just for the extreme sport enthusiasts. It covers all areas that get your blood pumping, fear, love, anticipation. Very well done. Looking forward to the next issue.

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